

“The Alpha and Omega” Tools to
Help Us Be Closer to God Through
Consistent and Meaningful Bible
Study

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Me

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I only have 20 mins, so better be fast. This is a class about Q.T. Are you sure you have come to the right one?

You may want to strengthen your conviction for having a great QT in every morning, or you may wonder why you don't have a great QTs in every morning.

I live in HK, I believe no one will argue with me if I say HK is one of the busiest cities around the world. Many people think we wake up every morning at six and work till eleven at night. This is an exaggeration. But I am sure we do have some disciples who wake up every morning at six and work till ten at night. Sometimes I think we, out of everyone around the world, have the best excuse to not have our QT every morning.

There are **1000** reasons why you need a QT every morning but only **1** reason why you don't have QT in every morning. So
Let's talk about the one first.

Why? You don't have a QT every morning?

Ans: **Lazy**. That's it. Nothing else. OK! I don't think we need spend a lot of time to have a discussion about laziness. Right?

So, let's us discuss why we need to have a
QT every morning.

1. Sinful nature among us

2. Stormy life

3. The Power within

1. Sinful nature.

Do you know one of the biggest sinful nature of humanity is?

Ans: Hiding....especially man.

Genesis 3:9 “Where are you?” / Adam

Genesis 4:9 “Where is your brother Abel?” I don't know / Cain

Joshua 7: 19 “Tell me what you have done; do not hide it from me / Achan (Battle of Ai)

1 Kings 19: 9 “there he went into a cave and spent the night.” / Elijah (Even a great man)

Mark 14: 68 “But he denied it” / Even Peter

Big tendency of Hiding especially when we did something wrong.

All we know = Jeremiah 23: 24

“Can anyone hide in secret places so that I cannot see him?” declares the Lord. “**Do not I fill heaven and earth?**” declares the Lord.

2. Stormy life

I don't think we need to waste a lot of time to talk about **our life is full of storm**. Especially after you become a father and after you getting older and older. Psalm's writer wrote many scriptures about QT. Since we living in a stormy life. We need to:

1. Psalm 119: 6 "Then I would not be put to shame while I consider all your commands"
2. Psalm 119:15 "I meditate on your precepts and consider your ways"

Movie: "The Finest Hour, 2016"

Psalm 119: 105 "Your word is a lamp to my feet and a light for my path."

What a metaphor?

3. The Power within

90% of what we struggle with, deal with and face could totally be eliminated if we just train ourselves to be godly.

Exodus 16 / Manna is a lesson not only for Israelites, it is a lesson for us today, too. This is not by accident. God allows Israelites wander year after year, learning become to depend on the Manna daily until they came to a land that was settled.

Our land that was settled = Heaven

Israelites have to collect manna in the morning, they are only gather enough for one day!

Do it in the morning!

if you decided to walk out to the world (the kingdom of Satan) and not yet set your mind on things above.

You are in trouble!

- 1. Sleeping pattern** (late night sleep without reason)
- 2. Building a habit** is very important.

3 QT topics for you:

1. Character study
2. Topical study
3. Study whole book in the bible

What you need to have?

1. **Pray** briefly about the study that you going to embark on
2. **Pray** for holy spirit speak to me, pray for insight, pray for gaining conviction.
3. **Don't be hurry**,no need to be rush. Slow down a bit and digest it.
4. Read **repeatedly**
5. Use internet to bring up **more translation**.
www.biblestudytools.com can bring up more than 25 translation for you.
6. **Notebook** ready
7. **Highlighter**
8. A **bigger bible**
9. Don't do it on the **bed**
10. **Read it loud** if possible.

Questions for yourself:

1. Is there a **sin** for me to **avoid**?
2. Is there an **example** for me to **follow**?
3. Is there a **commandment** for me to **obey**?
4. What does this particular **passage** want to **teach** me about God or about Christ?
5. Is there a **promise** for me to **keep**?
6. What passages relevant to me so I can **pray** about it?
7. Is there something difficult to me which I need to **look further**? Something that I don't understand.

Let go through an example

1 Corinthians 1

Question	Answer	Scripture
Sin / Avoid	<ol style="list-style-type: none"> 1. Cause quarrels among you 2. No one may boast before him 	<p>verse 11</p> <p>verse 29</p>
Example / Follow	<ol style="list-style-type: none"> 1. Even Paul wants to rebuke but he starts with a thankful and encouraging statement. 	<p>verse 3</p>
Commandment / Obey	<ol style="list-style-type: none"> 1. No divisions among you and your brother 2. Let him who boasts boast in the Lord 	<p>verse 10</p> <p>verse 31</p>
Passage / Teach	<ol style="list-style-type: none"> 1. Unity among brotherhood is very important 2. Preach Christ crucifixion not with human wisdom 3. God chose me not because I have a lot of wisdom 	<p>verse 12-13</p>
Promise / keep	<ol style="list-style-type: none"> 1. grace from God 2. In him you have been enriched in every way (speaking and knowledge) 	<p>verse 4</p> <p>verse 5</p>
Pray	<ol style="list-style-type: none"> 1. Evangelise, my heart 2. Thank God for saving me 3. Pray we can search righteousness, holiness, wisdom from Christ continuously. 	<p>verse 26</p>
Look further	<ol style="list-style-type: none"> 1. Church division 2. A stumbling block to Jews, Why? 	<p>verse 23</p>

Don't use Phone App, this is not Manna, this maybe a snack for you. I don't think you can live by snack alone. No one can live his life by eating KitKat alone.

Final scripture:

Psalm 103: 1-5 / "...so that your youth is **renewed like the eagle's.**"

END